STAGIONE

\$12.50

\$10.50

Mixed greens, tomatoes, carrots & cucumbers with balsamic dressing

TRICOLORE @ (V) Radicchio, baby arugula, endive, Gaeta olives &

shaved Parmigiano with balsamic dressing ISALATA Di PERE @ \$12.50

Mixed greens, red pears, gorgonzola & toasted pecans with lime dressing

BIETOLE \$12.50 Mixed greens, roasted red beets, goat cheese, toasted walnuts, roasted corn & tomatoes with honey dijon dressing

INSALATA con

Mixed greens, portobello mushrooms, roasted peppers, toasted sunflower seeds & mozzarella with balsamic dressing

CAESAR (V)

Romaine hearts, ciabatta croutons, shaved Parmigiano & Caesar dressing

\$10.50 MEDITERRANEAN \$13.50 **CHICKPEA**

Chickpeas, diced cucumber, red & green bell peppers, celery, red onions, olives, feta, citrus vinaigrette

CAN BE ADDED TO ANY SALAD

Caiun Chicken

Cajun Shrimp

Hanger Steak

Any Salad Chopped

Extra 3·5oz Dressing

Steak

Hangensteak, mixed greens, cherry

tomatoes, Gaeta olives, marinated red

onions and gorgonzola with balsamic

BISTECCA e ZOLA \$18.50

Turkey

Calamari

Shrimp

Salmon

\$6.00

\$6.50

\$6.00

\$6.00

\$8.00

\$8.50

\$8.00

\$9.00

\$1.00

\$1.00

\$12.75

RUCOLA CAPRINO e POLLO

\$16.50 Grilled chicken, baby arugula, goat cheese, sundried tomatoes & toasted walnuts with balsamic dressing

RUCOLA e FARRO \$16.50

Grilled Chicken

AVOCADO SALAD (**) \$16.50

Grilled chicken, iceberg lettuce, shredded

mozzarella, avocado, toasted almonds &

cherry tomatoes with balsamic dressing

Grilled chicken, baby arugula, barley, cherry tomatoes, gorgonzola, roasted hot peppers & hearts of palm with honey dijon dressing

Pollo 🔘 \$16.50 Grilled chicken, mixed greens, Gaeta olives, red onions, carrots & toasted almonds with balsamic dressing

QUINOA+

tomatoes, avocado, Gaeta olives, almonds & cucumber with mango dressing

MINT SALAD \$16.50

Grilled chicken, romaine hearts, walnuts raisins, fresh mint, & quinoa♦ with mango dressing

INSALATA di POMODORO @ \$16.50

Grilled chicken, iceberg lettuce, fresh tomatoes, red onions, Gaeta olives, basil & fresh mozzarella with balsamic dressing

INSALATA di CARCIOFI \$16.50

Artichoke hearts, baby arugula, grilled chicken, quinoa + fresh tomatoes, hot peppers, red onions, & fresh mozzarella with balsamic dressing

INSALATA di

\$16.50 Quinoa , grilled chicken, romaine hearts, fresh **INSALATA** di CAVOLO |

\$16.50

Chopped organic baby kale, grilled chicken, red beets, fresh mango, avocado & pecans with honey dijon dressing

INSALATA di MANGO (

Chopped organic baby kale, fresh mango, grilled Chicken cutlet, mixed greens, red onion, tomato, chicken, quinoa♦ cherry tomatoes, almonds & shredded mozzarella with mango dressing

POLLO e **GUACAMOLE**

Grilled chicken, iceberg lettuce, guacamole, roasted hot peppers, shredded mozzarella & cherry tomatoes with lime dressing

Chicken Cutlet

PARMA SALAD

Chicken cutlet, romaine hearts, tomatoes, Gaeta olives, red onions, roasted peppers & shaved Parmigiano with balsamic dressing

SAL SALAD

\$16.50 Chicken cutlet, mixed greens, red onions & tomatoes with roasted garlic vinaigrette

DI ROSA SALAD \$16.50

Chicken cutlet, mixed greens, tomatoes & goat cheese with balsamic dressing

\$16.50 SUSAN SALAD

gorgonzola, roasted corn, roasted hot pepper with halsamic dressing

Roasted Turkey TURKEY BACON 9 \$16.50

Romaine hearts, turkey, bacon, avocado, gorgonzola, cherry tomatoes & baslsamic vinaigrette

TACCHINO e AVOCADO |

with balsamic dressing

TONNO @

NAPOLI

round rustic

\$16.50 Roasted turkey, mixed greens, shredded mozzarella, tomatoes, avocado, sautéed mushrooms & roasted hot peppers

Seafood

Italian tuna in olive oil with fresh tomato, baby

Grilled Shrimp, salsa aioli, baby arugula on a

arugula & spicy aioli on krispina

Seafood

Italian tuna in olive oil, baby arugula, roasted

corn, cherry tomatoes, roasted peppers, fried

INSALATA di Mango

e GAMBERI

raspberry vinaigrette

ROMANA con

balsamic dressing

GAMBERONI

capers & shredded mozzarella with lime dressing

Grilled shrimp, fresh mango, iceberg lettuce,

cherry tomatoes & fresh mozzarella with

raisins, toasted walnuts & tomatoes with

with lime dressing

INSALATA di

TONNO

Shrimb

7una

INSALATA di **CALAMARI**

Grilled shrimp, iceberg lettuce, guacamole, toasted almonds, cherry tomatoes & Grilled calamari, mixed greens, Gaeta olives, roasted hot peppers with lime dressing capers, sundried tomatoes & scallions

> Salmon **SALMONE** e

GAMBERONI e

GUACAMOLE

GUACAMOLE \$18.25 \$18.25 Grilled salmon , mixed greens, guacamole, hearts of palm & toasted, sunflower seeds with honey

> dijon dressing **SALMONE** e

\$18.25 Grilled salmon, romaine lettuce chickpeas, quinoa, avocado, feta cheese, grape tomato, red onion &

PERE 🍥 \$18.25

PANINI

GLUTEN FREE BREAD \$2.50 Side spreads available at an additional charge

Chicken

ISPICA \$12.75 Grilled chicken breast with sautéed onions

& fontina cheese on focaccia POLLO e

on ciahatta

POMODORO \$13.00 Chicken cutlet with tomato sauce & mozzarella

POLLO e SPINACI \$12.75 Chicken tenders sautéed with spinach, fontina, white wine & garlic on round rustic

LATINA | \$12.75 Grilled chicken, mozzarella, roasted peppers &

baby arugula on focaccia TRIESTE \$12.75 Grilled chicken, olive paste, grilled zucchini,

mozzarella on ciabatta **ANTHONY** \$12.75

Grilled chicken, mozzarella, baby arugula, balsamic on krispina

POLLO @ \$12.75 Grilled chicken, broccoli rabe, smoked

NYCOM @ \$12.75 Grilled chicken, Parma ham, mozzarella, baby

arugula on krispina \$12.75

Grilled chicken, sautéed onion, mozzarella,

CUNEO @

tomato on ciabatta

dressing

Grilled chicken, mozzarella, grilled zucchini, roasted peppers on ciabatta

SAVONA 🍥 \$12.75 Grilled chicken, mozzarella, roasted garlic aioli,

HOGANS \$12.75 Grilled chicken, marinated artichoke, sundried tomato, mozzarella, basil pesto on ciabatta

NUORO 🍩 \$12.75Grilled chicken, roasted hot pepper, basil pesto, mozzarella, chopped iceberg, tomato on ciabatta

PERUGIA 🍥 \$12.75

Grilled chicken, guacamole, chopped iceberg, mozzarella on rustic hero

PRATO \$13.00 Chicken cutlet, fontina, sautéed onion, roasted

pepper, spicy artichoke sauce on ciabatta **PIETRO** \$13.00

Chicken cutlet, mixed greens, roasted pepper, mozzarella, herb mayo on ciabatta

PEPERONI \$13.00 Chicken cutlet, mozzarella, roasted pepper, red onion on ciabatta

COTOLETTA \$13.00 Chicken cutlet, mozzarella, red onion, tomato &

herb mayo on ciabatta

PICCANTE

INSALATINA di

\$13.00

roasted hot pepper, tomato on ciabatta

Vegetarian

Fried eggplant, mozarella, roasted peppers on krispina

POTENZA(V) \$12.00 & mozzarella on rustic hero

basil on krispina

FOGGIA Fried eggplant, smoked mozzarella, olive paste, sundried tomato on krispina

Portobello mushroom, mozzarella, roasted peppers & sautéed onions on focaccia

PORTOBELLO (\$12.00 Roasted portobello, tomato, mozzarella

TERRA 🍥 🕜

Chicken cutlet, mozzarella, mixed greens, spicy salsa aioli on ciabatta

ANCONA Chicken cutlet, mixed greens, mozzarella

SICILIA \$12.00

Fried eggplant, mozzarella, tomato,

\$12.00 grilled zucchini & red onion on focaccia

on whole wheat

Roasted portobello, broccoli rabe, roasted pepper, grilled zucchini, fresh mozzarella on whole wheat

\$13.00 GUBBIO @ (V) \$12.00 Roasted portobello, goat cheese, basil pesto, roasted pepper on whole wheat

> SIENNA @ (V) \$9.25 Mozzarella, tomato, basil, extra virgin olive oil, balsamic on krispina

VITTORIA () \$12.00 Artichoke hearts, sundried tomatoes, roasted

peppers & baby arugula on focaccia

VEGETARIANO (**) \$12.00 Grilled mixed vegetables with fresh tomatoes

GOAT CHEESE (a) \$12.00 Goat cheese, sundried tomatoes, Gaeta olives,

Cured Meats

\$12.00 THE AMERICANA Prosciutto, mozzarella, roasted peppers, balsamic vinaigrette, on focaccia

> CRUDO \$13.50 Prosciutto, mozzarella, baby arugula on ciabatta

\$12.50 PROSCIUTTO \$13.50 Prosciutto, mozzarella, tomato on ciabatta

PIPPO

\$13.50 Prosciutto, mozzarella, sundried tomato, spicy salsa aioli, red onion, Gaeta olives, roasted hot peppers on ciabatta

LECCE \$13.50 Parma ham, mozzarella, tomatoes & spicy aioli

on focaccia MATT \$13.50

Parma ham, mozzarella, tomato, herb mayo, mixed greens, roasted pepper, balsamic on ciabatta

Roasted Turkey **TURKEY BLT** \$12.75

Roasted turkey, bacon, herb mayo, lettuce, tomato on foccia

FROSINONE

guacamole on ciabatta

\$12.75 Roasted turkey, crispy bacon, smoked mozzarella, sautéed onion, herb mayo on krispina

SAN REMO Roasted turkey, mozzarella, roasted hot peppers, MOZZARELLA

TURKEY AVOCADO \$13.00

BISTECCA e Roasted turkey, provolone, avocado, roasted peppers, herb mayo, spinach on foccia

\$14.00

\$15.50

\$13.00

\$14.00

ASTI Grilled shrimp, broccoli rabe, mozzarella, roasted hot pepper on ciabatta

AGRIGENTO \$14.00 Grilled shrimp, marinated artichoke, tomato, roasted garlic aioli on round rustic

Steak

BISTECCA \$15.50 Hanger steak, sautéed onion, smoked mozzarella on ciabatta

\$13.00 BISTECCA e

Hanger steak, mozzarella, roasted pepper on ciabatta

mushrooms on ciabatta

FUNGHI \$15.50 Hanger steak, fontina, sautéed

ALEXANDRO

Hanger steak, avocado, roasted hot pepper, romaine, tomato, red onion on ciabatta

\$15.50 THE NEW YORKER \$13.50 Sweet sausage, roasted pepper, sautéed onion, mozzarella on ciabatta

Pork

BARI 🍥

round rustic

Sweet sausage, broccoli rabe, olive paste on

\$13.50 Sweet sausage, mozzarella, roasted hot pepper

Served with a side order of Stagione or Caesar salad, Tuscan fries or sweet potatoes fries

PROSCIUTTO DI PARMA

with stracchino cheese & baby spinach

GRILLED CHICKEN

\$13.50 with fresh baby arugula, brie cheese, and drizzled with Mike's hot honey

Hangensteak with fontina cheese,

\$13.50

\$15.50 with stracchino cheese & mixed vegetables

Panini Basket

Your choice of panini cut in quarters

5 PANINI \$60.00

toasted almonds with a red wine vinaigrette SALMONE e

Grilled salmon, baby spinach, endive, red pears, \$18.25 toasted pecans, roasted beets & cherry tomatoes Grilled shrimp, romaine hearts, fresh mozzarella, with raspberry vinaigrette

+ Gluten Free Quinoa

\$16.50

\$18.25

\$13.50 SARDEGNA

Piadina Classica

HANGER STEAK

peppers and onions

GRILLED SHRIMP

10 PANINI \$115.00



UDINE







TORTELLINI in BRODO

Cheese tortellini, tomatoes & scallions in broth

Mixed vegetables with egg whites in broth

SEAFOOD SOUP

Pint \$8.50

SEASONAL SOUP

LOBSTER BISQUE M/P

CLASSICA (?) Fresh tomato, garlic, fresh basil

GAMBERI Roasted jumbo shrimp, tomato,

hot peppers MOZZARELLA-BASILICO

Roasted red peppers, mozzarella & basil pesto

POMODORINI 💮 Roasted cherry tomatoes & fresh mozzarella

PARMA Prociutto di parma, parmigiano reggiano, baby arugula & spicy oil

CAPRINO con NOCI (V)

Goat cheese, raisins & walnut PERA 🕜

Roasted squash, fresh ricotta & pears

\$9.00 Choice of Three \$15.00 Choice of Six RICCOTA (V)

Sautéed mushrooms and kale with fresh ricotta

ZUCCHINI (**) Grilled zucchini, smashed avocado and hot pepper

Bacon Artichoke puree, bacon & parmigiano

PEPERONCINO (V) Avocado, red onion, tomato with hot pepper

POLPETTE

PENNE

on round bread

RAVIOLINI W

Mini meatball with fresh tomato sauce & mozzarella

PORTOBELLO 🕜

Roasted portobello & walnut with goat cheese

POLLO con PATATINE \$10.00

Chicken strips with a side of Tuscan fries

Penne with choice of marinara, garlic and oil, or

Hamburger, mozzarella, ketchup and tomato

\$12.50 Half \$18.00 Full

\$15.50 Half \$22.50 Full

\$15.50 Half \$22.50 Full

\$14.50 Half \$21.50 Full

butter sauce, add \$1.50 for alla vodka

Fresh mozzarella with ala vodka sauce

CHICKEN BACON RANCH

Buffalo chicken, fresh mozzarella, blue cheese

VEGETARIAN PRIMAVERA

Grilled zucchini, grilled eggplant, sauteed bell peppers, onion and black olives topped with fresh mozzarella

Chicken cutlet, bacon, fresh mozzarella,

BUFFALO CHICKEN

topped w/ ranch dressing

GIUSEPPE JR.

(Kids Only)

MATTIA 🕜 Mozzarella, tomato, basil on rustic hero

ERIKA

Chicken cutlet, mozzarella on rustic hero FORMAGGINO \$7.50

Double mozzarella melted between flattened

MARGHERITA

\$12.00 Half \$17.00 Full Homemade tomato sauce topped with fresh mozzarella and fresh basil

CAULIFLOWER CRUSTED MARGHERITA 🍩 🕜

Homemade tomato sauce topped with fresh mozzarella and fresh basil

BIANCA 🕜

\$14.50 Half \$21.50 Full A blend of cheeses, fresh mozzarella, ricotta & goat cheese, drizzled with extra virgin olive oil

SALSICCIA \$15.50 Half \$20.50 Full Crumbled italian sweet sausage, with tomato sauce and fresh mozzarella

FRIED ZUCCHINI

\$11.50

Lightly breaded and served with a marinara dipping sauce

SPAGHETTI PATTIE

Homemade Spaghetti patties w/ Ricotta, pecorino cheese pan fried with vodka sauce

CALAMARI FRITTI \$15.50 Crispy golden fried calamari served with a

fresh tomato sauce **MEATBALL**

5 meatballs in marinara sauce with a scoop of ricotta

MINI ARANCINI

3 for \$5; 5 for \$7; 10 for \$13.50; \$1.75 each Famous cheese rice balls served with a tomato dipping sauce

MOZZARELLA CAPRESE

Fresh mozzarella, roasted peppers, Gaeta olives, tomato, fresh basil topped with

STUFFED AVOCADO

balsamic glaze

\$15.00

Stuffed with shrimp, cherry tomatoes over a bed of arugula with balsamic glaze

EGGPLANT BRUSCHETTE

\$16.50 Two grilled or fried eggplant topped with tomato, onion, basil & avocado

MOZZARELLA CARROZA OR (MOZZARELLA STICKS)

\$13.00 Homemade mozzarella breaded & pan fried served with marinara sauce

Served with choice of potato & vegetable, or pasta

POLLO MOZZARELLA

Chicken breast topped with fresh tomato, brocoli rabe and fresh mozzarella in a lemon and white wine sauce

POLLO FUNGHI \$23.00 Chicken breast with mixed mushrooms,

onions in a marsala wine sauce **BRUSCHETTE di POLLO**

Grilled chicken breast lightly marinated in balsamic, topped with tomato & mozzarella brushette over mix greens in a light citrus dressing

POLLO al VINO BIANCO

Breast of chicken with white wine, lemon, fresh parsley

POLLO alla SORRENTINO

Breast of chicken with eggplant, prosciutto and fresh mozzarella in a brown sauce

SALMONE con VINO **BIANCO** \$27.00

Pan seared Atlantic salmon with sundried tomato in a lemon white wine sauce

SALMONE POMODORINI Pan seared Atlantic salmon \$27.00

& cherry tomato light sauce

PETTO di POLLO

Breast of chicken with spinach, roasted peppers and mozzarella in a brown sauce

POLLO alla GRIGLIA

Grilled chicken, broccoli rabe, and roasted peppers with melted fresh mozzarella,in a light wine sauce

GRILLED SALMON

Fresh grilled Atlantic salmon filet

\$24.00

SHRIMP FRANCESE \$26.00 Fresh egg battered shrimp, pan seared in our white wine and lemon sauce topped with

SHRIMP PARMIGIANA

Breaded and fried shrimp topped with melted

GRILLED SKIRT STEAK 80z skirt steak grilled to perfection \$27.00

EGGPLANT ROLLATINI

Fresh eggplant battered and rolled with ricotta, parmigiana, fresh mozzarella and tomato sauce

Broccoli \$9.50 **Cauliflower** \$9.50 **Potatoes, Peppers** & Onions \$9.50 Mushrooms \$9.50 Chicken \$6.00 Shrimp \$8.00

Mixed Vegetables \$9.50 Spinach \$9.50 **Broccoli Rabe** \$10.50 Escarole & Beans \$9.50 Tuscan Fries \$6.50 **Sweet Potato Fries**

Gluten free brown rice penne also available \$2.00 extra Substitute with zucchini linguine for a healthier option for \$3.00 extra

EAST MEADOW alla VODKA

Penne with fresh mozzarella, spinach &

RIGATONI BOLOGNESE

Rigatoni Pasta mixed with our delicious

RAVIOLI con **GAMBERI**

Cheese ravioli & sautéed shrimp in a

ZUCCHINI BOLOGNESE

Zucchini style spaghetti mixed with our

TORTELLINI TRICOLORE

Linguini with clams, mussels, \$28.00

shrimp, calamari in a light pomodoro sauce

Tricolor cheese tortellini with chicken

SPAGHETTI CHICKEN

Spaghetti with fresh crumbled chicken

chop meat in a bolognese sauce

delicious bolognese meat sauce

cutlet in a creamy alfredo sauce

SEAFOOD PASTA

BOLOGNESE

tomato sauce with a touch of cream

chicken cutlet

Bolognese Meat sauce

LINGUINE con Gamberi

Linguine with jumbo shrimp, white wine, garlic, cherry tomato & a touch of marinara

PENNE INTEGRALI con POLLO \$21.00

Brown rice penne, grilled chicken. spinach, cannellini beans with garlic & oil

ZUCCHINI PRIMAVERA

Zucchini style spaghetti with mixed vegetables topped with shrimp in a garlic &

PENNE with ITALIAN SWEET SAUSAGE

Fresh broccoli rabe, wild mushrooms, cherry

tomato,in a garlic & virgin olive oil brodo

BROWN RICE PESTO PASTA 21.00

Cajun grilled chicken, sun dried tomatoes in a basil pesto sauce with shaved parmigiano reggiano

VEGETARIAN BOLOGNESE

Brown rice penne with veggie chop meat, a touch of marinara and topped with fresh mozzarella

(Impossible Chop Meat: meat free & cholesterol free, made with all natural ingredients like coconut oil and potatoes)

Served with a side order of Stagione or Caesar salad, Tuscan fries or sweet potato fries

HAMBURGER CLASSICA

Ground angus beef, mozzarella, red onion tomato baby arugula, spicy salsa aioli, on round rustic

HAMBURGER MODERNA

Ground angus beef, mozzarella, sauteed onion, sauteed mushroom, crispy bacon, tomato, mixed greens, spicy artichoke sauce on round rustic

BISON BURGER

Topped with gorgonzola, bacon, sautéed onion and herb mayo on round rustic

Substitute Gluten free roll \$2.50 SALMON BURGER ® \$16.50

Herb mayo, avocado, arugula, tomato on round rustic

VEGGIE BURGER \$14.00 (BEYOND BURGER - MEAT FREE)

Topped with provolone, tomato, avocado, sautéed spinach & roasted pepper spread on round rustic

VEGGIE SAUSAGE \$16.00 PANINI

Beyond meat veggie sausage topped with fresl mozzarella, broccoli rabe, roasted pepper spread on ciabatta

Limited Time Only

LOBSTER ROLL MP Lobster, avocado, chives, sprouts, light mayo and a touch of crushed red pepper

Full Array of **Bottles & Fountain Sodas** as well as our Specialty Homemade Drinks Homemade Unsweetened Iced Tea

Homemade Mango Unsweetened Iced tea \$5.25 Homemade Raspberry Unsweetened Iced Tea

EST. 2003 Where QUALITY Meets TRADITION

East Meadow Tel (516) 280-7097 Fax. (516) 740-3876 Catering (516) 874-2807 376 Merrick Avenue www.LaBottegaEastMeadow.com

TAKE OUT & DELIVERY MENU



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PLEASE NOTE ALL PRICES ARE CASH PRICES AND ARE SUBJECT TO CHANGE WITHOUT NOTICE

> Please advise us when ordering Gluten Free or Vegetarian



